

SAFETY, FIRST. IT'S HOW WE SPARK.

We've updated our safety protocols in line with the measures, announced by the Swiss Federal Council on December 17th, effective December 20th.

Below are some sections highlighting how we're keeping everyone safe — from precautions made before you enter, to how to set yourself up, to how our riders can help.

As the situation evolves, we'll be fine-tuning and updating this page with the latest — feel free to check back.



Checking in

2G+ ENTRY REQUIREMENT: All riders must be fully vaccinated, or recovered from COVID and are required to provide a covid certificate, with QR code and, a photo identification.



A 2G+ status is as follows:

- Fully vaccinated (second shot or booster) within the last 4 months;
- Recovered within the last 4 months;
- Or vaccinated/ recovered with a negative test (PCR or antigen, self-tests are not valid).



FACE MASKS:

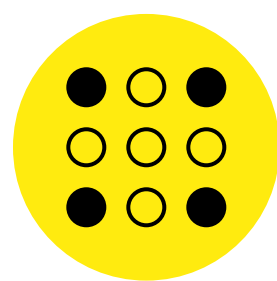
are not required. Nevertheless, as an additional safety measure for all riders and staff, we recommend that you wear face masks in all common areas, outside of the cube.

Check-in: To facilitate check-in, we'll open 20 minutes prior to class. Please have your COVID certificate QR code and photo identification ready. Please consider downloading and uploading your COVID certificate on your phone.

Keep it simple: To minimize contact time in the studio: come ready to work out, and limit studio time after class.

No late entries: Riders must arrive by 10 minutes before class starts, in order to ensure a smooth check-in and safe social distancing.

Shoes and shower towels: Shower towels are available in the changing rooms. You're also welcome to bring your own, if you prefer. And, if you plan to buy a pair of shoes: drop us a note, and we'll help point you to the appropriate pair.



Before riding

Class occupancy: We'll continue to operate at reduced capacity. Please be sure to use your assigned bike, and not alter placement.

During your ride

Stay in place: Please help us stay safe, and stay on your bike, during class.

After your ride

Amenities: have been removed from the changing rooms to limit points of contact.

Unlocking lockers: If you forget the combination of your locker, please wait until there are no riders at the front desk, and ask a staff member to help you.



Cleaning Protocols

Boosted cleaning efforts: On top of our regular in-studio hygiene and disinfection practices — including in-between-class bike and surface disinfecting — we are also conducting frequent deep cleans.



Hand sanitizers: Hand sanitizers are available throughout the studio. Additionally, extra disinfecting wipes are provided — if you'd like to personally clean your bike, before riding.

Shoe disinfection: Shoes are disinfected after each ride, and rotated, so they're not worn two classes in a row.



Rider responsibility

In addition to respecting the safety guidelines and recommendations of the BAG/FOPH and the Canton of Zurich, we're asking all of our riding community to do their part, and help us keep each other safe.



Physical distancing: Please make sure to practice safe physical distancing when in close, shared spaces.

Clean hands: Please clean hands, thoroughly — when you enter the studio.

COVID-19 symptoms: If you have a cough, fever, or any COVID-19 symptoms: we ask that you do not come to the studio.

Positive COVID-19 test results/close contacts: If you have tested positive for COVID-19, or have knowingly come into close contact with someone who has: we ask that you do not come to the studio, until you are not contagious anymore. Please follow rigorously the directives of the competent federal, cantonal, and communal authorities.

Recording contact details: In order to comply with articles 4 and 5 of the COVID 19 Ordinance Special Situation, we ask all riders to agree to a standard disclaimer at booking — confirming permission for the studio and/or the competent contact tracing authorities to use your contact details in case of a close contact in the studio with a person tested Covid-19 positive.

SwissCovid application: Please consider downloading and activating the SwissCovid app during your stay in the studio to track Corona infection chains.